



## All Parents Coming to the NICU Must be Healthy

Symptoms of Covid-19 are:

- Fever in the last 24 hours
- New or worsening cough
- New or worsening sore throat
- New or worsening shortness of breath

Tell the NICU team if you are tested for Covid-19, even if you do not know the results. Please do **not** come to the NICU to see your baby until the test results come back negative.

Please do **not** come to the NICU for 14 days if you or a person in your home test positive for Covid-19.

You must:

- Be fever free at least 72 hours without taking medicine to get rid of fever
- Not have a cough or sore throat

Call for updates about your baby. We can send photos and videos until you can visit again.

## Protect yourself and others



Wash your hands often



Use a tissue when you cough or sneeze



Avoid touching your eyes, nose, and mouth



Maintain a safe distance



Recommendations from the CDC

